

VNG & Calorics Testing (Audiology)

- If you are taking any medication for your balance (e.g. Stemetil, Serc), antihistamines, sedatives or sleeping pills, please cease these **48 hours prior** to the test time.
- You may continue to take other medications such as blood pressure, heart and arthritis medication
- Please do not consume alcohol for at least **24 hours prior** to the test time.
- It is advisable to have only a light meal prior to the test.
- As the test may leave you temporarily unsteady, it is advised that you **do not drive** yourself home. It would be best to have someone else drive you.
- **If you are taking medication for your dizziness, please bring it with you it may be needed after the test.**

If you have any queries, please phone (07) 3646 7616 or (07) 3646 7611

