

Thermoplastic Elbow Splint

Occupational Therapy



The splint has been fitted for contracture prevention/correction or immobilisation following a splint skin graft.

Wearing regime:

- At all times (day and night) until the graft is reviewed by the doctor (usually 3-5 days following surgery). Wear a plastic bag over the splint when showering.
- Overnight only
- Other _____

Precautions

Contact the Occupational Therapist if the patient is experiencing any of the following changes:

- Increased pain
- Pins and needles
- Increased skin irritation
- Red marks lasting longer than 20 minutes
- Increased swelling

Straps / bandages should be applied securely, but not too tight. Contact the Occupational Therapist for any necessary modifications.

N.B. If hand splint also required, ensure hand splint fitted first and the elbow splint second.

Occupational Therapist: _____

Pager number: _____