

Thermoplastic Knee Extension Splint

Occupational Therapy



The splint has been fitted for contracture prevention/correction or immobilisation following a splint skin graft.

Wearing regime:

- At all times (day and night) until the graft is reviewed by the doctor (usually 3-5 days following surgery). Wear a plastic bag over the splint when showering.
- Overnight only
- Other _____

Precautions

Contact the Occupational Therapist if the patient is experiencing any of the following changes:

- Increased pain
- Pins and needles
- Increased skin irritation
- Red marks lasting longer than 20 minutes
- Increased swelling

Straps / bandages should be applied securely, but not too tight. Contact the Occupational Therapist for any necessary modifications.

Occupational Therapist: _____

Pager number: _____