

Web Space Taping for Burn Injuries

Web space contracture post burn injury:

- The skin in between your fingers and toes is known as the 'web spaces'. Skin tightness in the web spaces of your fingers and toes is common after burns and can result in 'web space contracture'.
- This skin tightness can make it hard to spread your fingers or toes apart, resulting in difficulties participating in everyday activities.

Web space taping is used to:

- **Prevent / reduce** web space contracture post burn injury.
- **Reduce pain or discomfort** caused by web space contracture

Types of tape used:

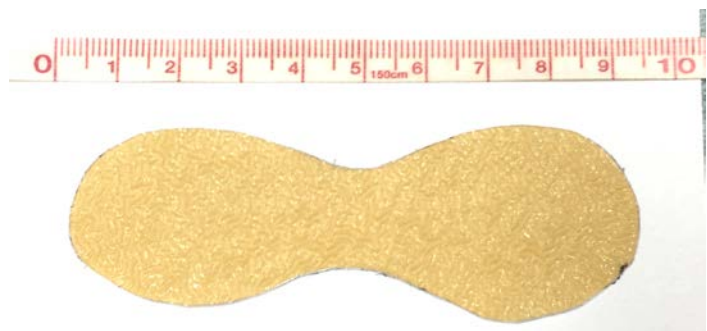
Your therapist will advise you on the type of tape to use based on the condition of your skin. Commonly used tapes include:

- Hypafix ® / Fixomull ® / Mefix ®
- DuoDERM ® Comfeel ®
- Other: _____
- Your Occupational Therapist may also advise you to use a simple, non-stick dressing underneath the tape in your web space if your skin is particularly fragile

Putting on web space tape:

How to apply:

1. Cut tape into large 'peanut' shape



2. Secure one half of the tape on the back of your hand.



3. Pull the tape through the web space and secure on the palm of your hand.



When and how to remove web space tape:

The tape is not re-usable and should be discarded after use. The tape can be removed when it starts to naturally peel off. If you need to take it off earlier you can soak it with room temperature cooking oil. The tape should stay on for several days before starting to peel off.

Precautions:

Sometimes people can get a skin irritation from the tape e.g.:

- Redness on your skin
- Rash on your skin
- Increased itchiness
- Skin maceration (wrinkled and white)
- Blistered looking skin

If any of these symptoms occur stop using web space tape and contact your Occupational Therapist.

When do I stop using web space tape?

When the scars on your fingers are mature and no longer actively pulling your fingers together. Your Occupational Therapist will discuss this with you throughout your treatment.

Please contact your therapist if you have any queries or concerns.

Therapist: _____

Phone: (07) 3646 7100