

# Thermoplastic Splint

## Occupational Therapy



### Your foot splint has been fitted to protect your:

- Muscle / skin flap
- Skin graft
- Ankle Joint position / movement
- Heel from pressure
- Other \_\_\_\_\_

### It is important that you wear your splint:

- 24 hours a day
- At night or when you are in bed
- Other \_\_\_\_\_

### Precautions

If experiencing pain, skin irritation, pins and needles, increased swelling, and / or red marks lasting longer than 20 mins after splint has been removed - please notify your nurse to remove your splint and contact your Occupational Therapist.