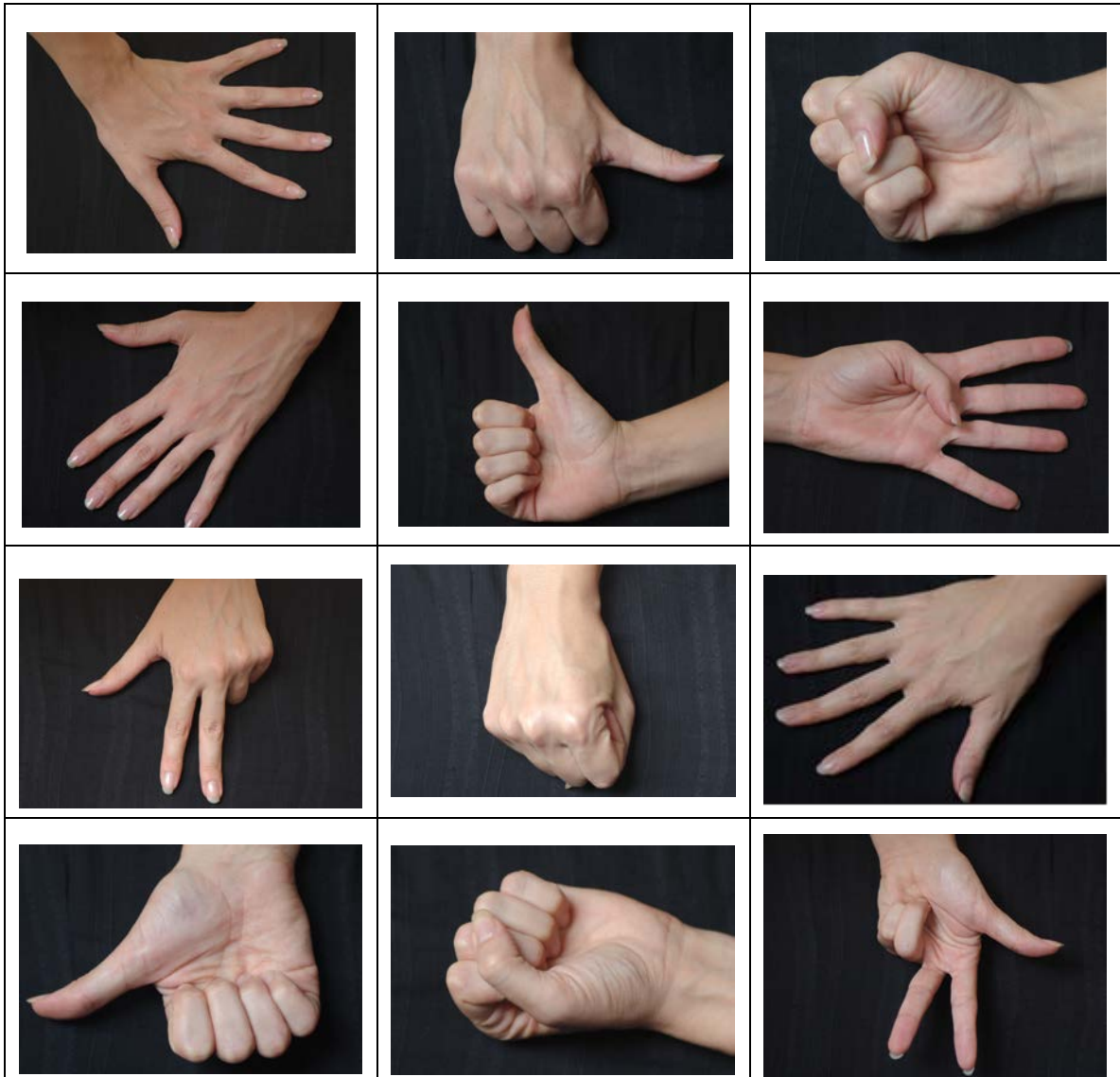


# Neural Plasticity Exercises

## PROGRAM 1

Carry out this activity for \_\_\_\_\_ minutes.

Perform \_\_\_\_\_ times per day.



Please contact your therapist if you have any queries or concerns.

Therapist: \_\_\_\_\_ Phone: (07) 3646 7100

# Neural Plasticity Exercises

## PROGRAM 2

Carry out this activity for \_\_\_\_\_ minutes.

Perform \_\_\_\_\_ times per day.



Please contact your therapist if you have any queries or concerns.

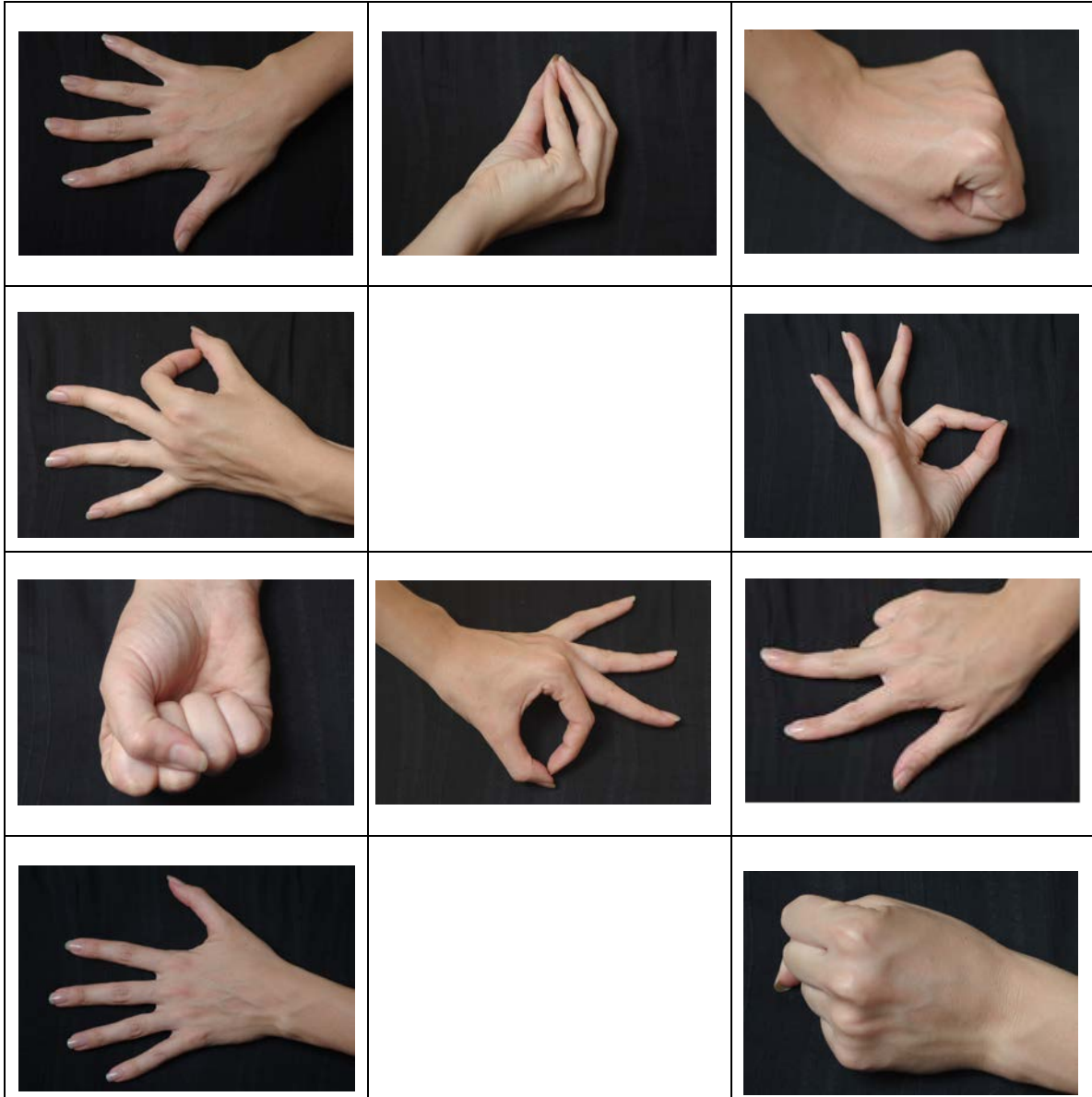
Therapist: \_\_\_\_\_ Phone: (07) 3646 7100

# Neural Plasticity Exercises

## PROGRAM 3

Carry out this activity for \_\_\_\_\_ minutes.

Perform \_\_\_\_\_ times per day.



Please contact your therapist if you have any queries or concerns.

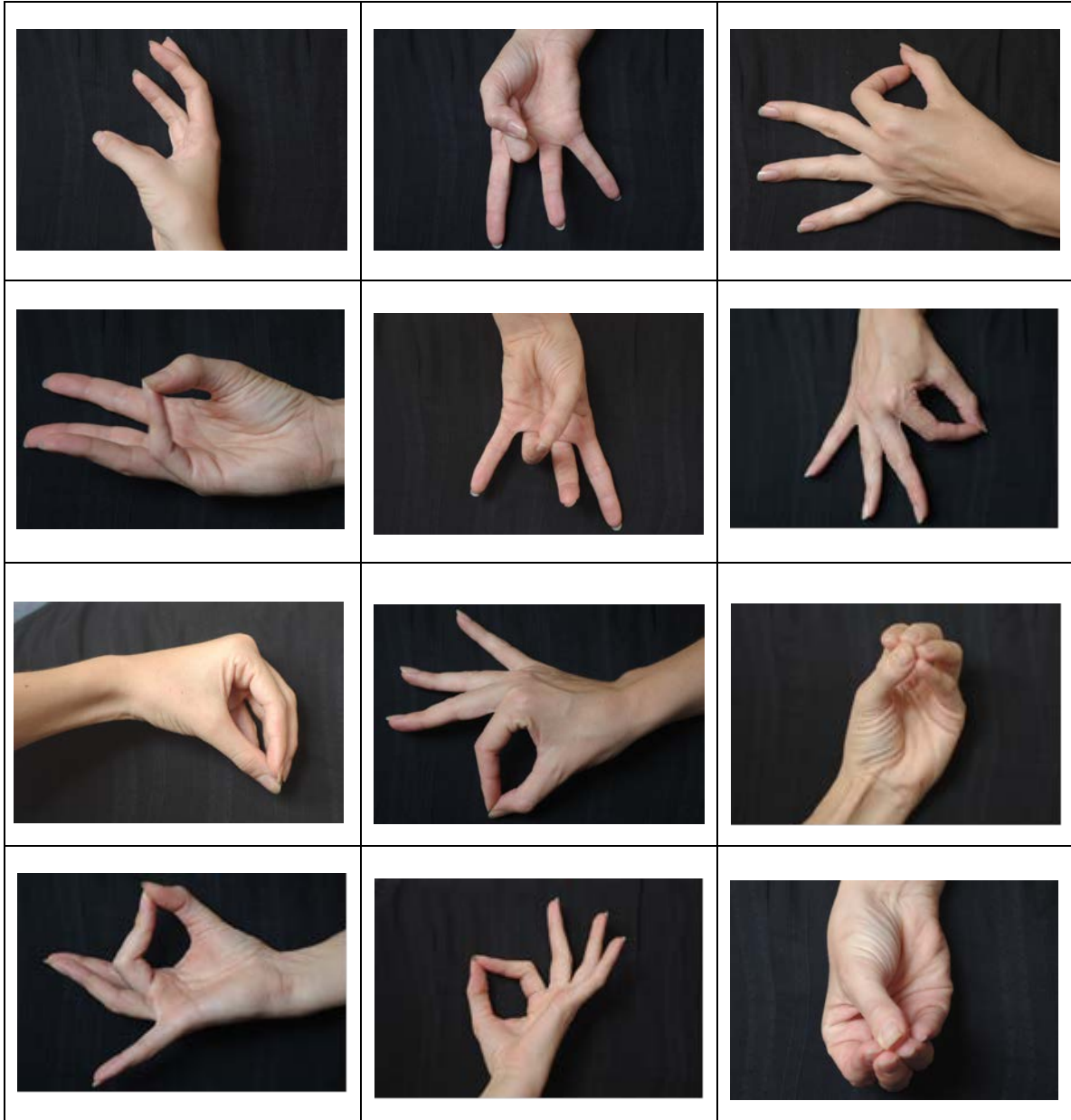
Therapist: \_\_\_\_\_ Phone: (07) 3646 7100

# Neural Plasticity Exercises

## PROGRAM 4

Carry out this activity for \_\_\_\_\_ minutes.

Perform \_\_\_\_\_ times per day.



Please contact your therapist if you have any queries or concerns.

Therapist: \_\_\_\_\_ Phone: (07) 3646 7100