



Discharge information following your Transoesophageal Echocardiogram (TOE)

Following your transoesophageal echocardiogram (TOE)

- You will be recovering for approximately four hours after your procedure.
- You will be offered sandwiches and a cup of tea/coffee/drink two hours after your procedure.
- Once you are eating and drinking, your I.V. cannula will be removed prior to you going home.
- You may feel drowsy for some time after your procedure.
- You may have some dryness or soreness in your throat following the procedure.

Once you are at home

- Although you may feel awake and alert, the medication/sedation you have received can take several hours to completely wear off. It is therefore important that you:
 - Rest for the remainder of the day.
 - Do not drive for at least 24 hours.
 - Do not drink alcohol for a minimum of 24 hours.
 - Take frequent sips of cool water if your throat continues to feel irritated. This can help ease the discomfort.
- If you feel unwell or experience any unusual or ongoing throat or swallowing issues, contact the Emergency Department of your nearest hospital or your local doctor.
- Contact telephone number for The Prince Charles Hospital: (07) 3139 4000

Follow up arrangements

- The cardiologist may or may not speak to you about your results on the day however a report will be filed in your chart and a copy will be sent to your GP and referring cardiologist, advising them of the results.
- Your specialist will clarify any questions you have regarding the results of your TOE at your next appointment.