

## Who will visit during the clinic?

### Indigenous Cardiac Outreach Co-ordinator

The Indigenous Cardiac Outreach Co-ordinator is the link between the service and the community. The co-ordinator is also there to discuss individual and community needs. If you have any questions or concerns, please feel free to discuss these with the co-ordinator.

### Cardiologist (Heart Doctor)

The Cardiologist consultation will commence after your initial examination. They will ask you questions about your heart, your health and your family history. They will discuss results and treatment/management options with you. You will also be able to ask any questions you may have.

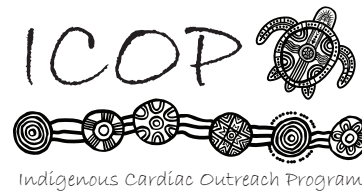
### Cardiac Scientist (Echocardiogram Technician)

A Cardiac Scientist performs an echocardiogram; which is an ultrasound of your heart. It is a painless and non-invasive test which is very important for assisting in diagnosis, and to confirm or rule out any heart abnormalities.

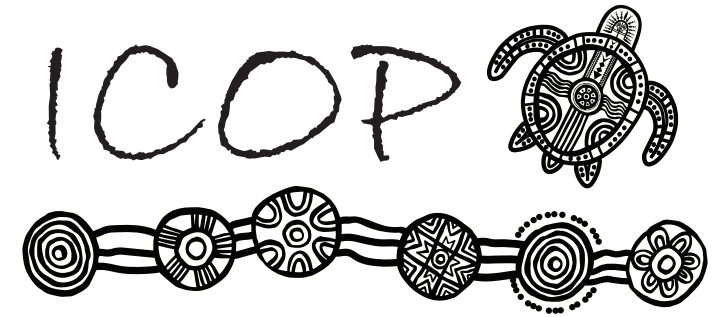


Aboriginal and Torres Strait Islander readers are warned that the following publication may contain images of deceased people.

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Please talk to your Doctor / Nurse or  
Indigenous healthcare professional about  
booking an appointment with the  
Indigenous Cardiac Outreach Program.



Indigenous Cardiac Outreach Program



**Connecting with community**

# What will happen when you are seen at the clinic?

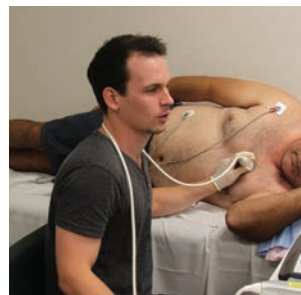
## *Pre-screening*

During your point of care examination, the Indigenous Co-ordinator, Healthcare Worker or Nurse will check your height and weight, pulse rate, blood pressure, cholesterol and blood sugar level.



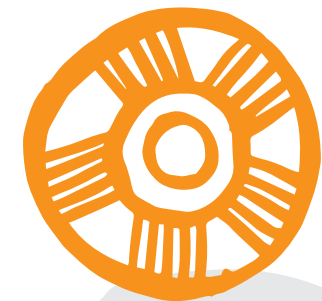
## *Seeing the Doctor*

The Cardiologist or heart doctor will talk to you about your results from the previous tests and discuss your family history. They will tell you whether you need further tests or have a healthy heart.



## *Electrocardiogram*

An electrocardiogram (ECG) will also be performed. It is a simple test which measures the electrical pulses across your body. This test will be a part of your pre-screening.



## *Echocardiogram*

You may also need an echocardiogram (ECHO), an ultrasound that takes pictures of the muscle, tissue, chambers and blood flow of your heart. This examination will give the Cardiologist a better understanding of how your heart is working.