

Orthopaedic Screening in Primary Care (OSiP)

Patient Information Sheet

What is OSiP?

The Orthopaedic Screening in Primary Care (OSiP) service is funded by the Orthopaedic Department of The Prince Charles Hospital. OSiP service aims to improve access to multidisciplinary management and to decrease waiting times for patients requiring consultation with an orthopaedic specialist.

Similar clinics have been established as part of the orthopaedic outpatient services throughout QLD Health across Queensland. OSiP provides services for patients with chronic musculoskeletal conditions who do not need immediate surgery and who will benefit from a well co-ordinated multidisciplinary management.

All referrals to the orthopaedic outpatients department are assessed by the orthopaedic service and screened for suitability for an appointment with OSiP. The clinics are staffed by advanced musculoskeletal physiotherapists who perform a comprehensive and holistic assessment, developing a multidisciplinary management plan. OSiP multidisciplinary team includes physiotherapy, psychology and dietetics. A letter summarizing your management plan and any outcomes of the assessment will be forwarded to your general practitioner and/or referrer.

If there are any concerns regarding your condition, or if further investigations are recommended for your condition, the OSiP Physiotherapist may discuss this with your GP or an Orthopaedic Consultant. If required your referral may be upgraded for an earlier review in an orthopaedic clinic.

If you have been referred directly by your GP to OSiP and your condition requires further Orthopaedic surgical review this can be facilitated by the OSiP physiotherapist via communication with your GP.

You will be followed up at OSiP to evaluate your progress and the effect of your management plan, and a progress report will be forwarded to your GP. If you still require a consultation with the orthopaedic specialist at the completion of your conservative management you will maintain your original position on the waiting list in the case the referral was directly addressed to the Orthopaedic surgical services.

Implementation of this service in Queensland Health has resulted in a reduction of waiting times for patients, delivered excellent clinical outcomes and provided high rates of satisfaction from patients, referrers and orthopaedic specialists.

For further information please contact:

Alex Vallini / Andrew Hislop, Advanced Musculoskeletal Physiotherapists

Orthopaedic Screening in Primary Care

Pine Rivers Community Health Centre

568 Gympie Rd, Strathpine QLD 4500

Tel: 07 3817 6357 Fax. 07 3817 6377

Email: OSiPPineRivers@health.qld.gov.au

Pine Rivers Community Health Centre

Location

The Pine Rivers Community Health Centre is located at 568 Gympie Road, Strathpine, opposite the Pine Rivers State High School. The Centre is well-served by public transport.

Bus

There is a bus stop located on Gympie Road outside the Pine Rivers Community Health Centre going North-bound and outside the Pine Rivers State High School going South-bound.

Train

The Bray Park Railway Station is located directly behind the Centre and is a 5-minute walk from the front reception.

Car

Vehicle access is via Gympie Road at the Buckby Road intersection. Ample parking is available on site.

General Information

The multi-disciplinary team operates by appointment only. It is important that you attend punctually, so you may receive the full treatment for that session.

It is understood that unexpected sickness and other medical appointments, as well as transport issues do occur. If you are unable to attend your appointment, please phone the Department as soon as possible on 3817 6357 ideally within office hours.

We ask that you give us at least 24 hours notice, if possible so we may schedule another patient for that appointment time.

Cancelling or failing to attend 2 appointments or declining 2 offers of initial appointments may lead to discharge from OSiP and MDT clinics, with any subsequent appointments cancelled. If referred to The Prince Charles Hospital Orthopaedics this may also result in being discharged from the orthopaedic waitlist. Any further appointments would require a new referral to be obtained from your GP.

A time-limited course of **Hydrotherapy or Gym based therapy** may be arranged for suitable patients. A valid referral is required to attend these sessions. Once the course is completed patients will be provided with information on alternative access for these services to enable patients to continue future exercise.

When attending your initial consultation please bring any relevant documents such as Plain Films, CT Scan, MRI or Ultrasounds if available.

When attending your initial consultation or any other physiotherapy appointments please wear comfortable loose clothing. Alternatively, please bring shorts or singlets to allow your Physiotherapist to observe and treat areas of the body covered by your clothing like knees and shoulders.

Map

